

Rules Changes and Points of Emphasis
Communication and
Dealing With Coaches, Players, and
Fellow Officials
Refresher Test Review
NFHS Concussion Course

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Rules Changes – 2015 Season

- **Rule 3-3-3(e) New:** Since the clock is stopped when bench personnel are cautioned or disqualified, substitutes from both teams who have already reported may be beckoned by the Referee and may enter the field of play. Previously, there was no provision for substitutes to enter the field of play during this type of stoppage.
- Goalkeepers, if attended to on the field after an injury, must leave the field, just like all other players.

Rules Changes – 2015 Season

- **Rule 4-1-1(h)3:** Currently, the jersey of the goalkeeper must be distinctly different in color from his/her teammates and opposing field players. To differentiate opponents, it is important that the goalkeeper's socks be included in this rule. Therefore, **the goalkeeper's socks must differ in color from the opposing field players.**

Points of Emphasis – 2015 Season

- **Heat Acclimitization and Safety** – on hot, humid days, it is permissible to stop play for hydration breaks as needed.
- **Communication** – NFHS and the local Chapters are working to enhance communication at all levels – between Officials and Coaches, players, and fellow officials with an eye towards improved game management and reducing the number of cautions and disqualifications.
- **Fighting/Reckless Play** – NFHS is soliciting support from the Coaching community and Officials to control reckless play and mitigate fighting.

Points of Emphasis – 2015 Season

- **Anchored Goals** – goals are anchored or we DO NOT START THE MATCH.
- **Rosters** – required at all levels; GKs numbers required; GKs can show 2 numbers on roster if also a possible field player.
- **Uniforms** – Home team jerseys and socks must be WHITE. It is recommended that substitutes that are warming up wear pinnies to aid in differentiating them from field players. New this year – the color of the GK socks MUST NOT match the opponent's sock.
- **Re: non-white home uniforms** (i.e., pink jerseys for breast cancer awareness) – Schools need to contact NJSIAA and obtain a waiver should a home team elect to wear a non-white jersey; the waiver should be presented to the Head Referee prior to the game.

Dealing with Coaches and Players

- Dealing effectively with Coaches and Players is an ART that does not come easily.
- Remember that Coaches have a focused, vested interest in the outcome of each match.
- Many Coaches and Players are “high maintenance” individuals.
- Ignoring Coaches and Players will only allow issues to escalate.
- Coaches and Players often get caught up in the heat of the match.
- The key is to remain calm and poised at all times.

Dealing with Coaches and Players

- LISTEN to WHAT is being SAID TO you.
- After listening, determine if a response is warranted.
- Be aware of your body language – facial expressions, crossed arms, etc. send a defensive message. Develop a poker face.
- Know/recognize the personality of each Coach.

Dealing with Coaches and Players

- **DO NOT** get or appear to be comfortable with Head Coaches or Players; **ALWAYS BE PROFESSIONAL.**
- Maintain **CONFIDENCE** and a strong stance – exude confidence without being “cocky”.
- Most importantly, maintain self-control.
- When a Head Coach is explaining a problem, let them finish, then develop your response.
- Use Verbal Judo – “If I hear you Coach, this is your point.”

Dealing with Coaches and Players

- If we make a mistake during a match (and we ALL do make mistakes), admit it (you get ONE per match) and move on.
- Respond to questions; do NOT respond to statements.
- During the match, keep discussions with Coaches and Players brief and focused.
- If a Coach demonstrates child-like behavior, don't stoop to that level.

Dealing with Coaches and Players

- In match situations, never address Coaches or Players by name; nor should they refer to Officials by name.
- Never issue ultimatums – it only leads to trouble that your Assignor or Supervisor cannot defend.
- Develop your own “line in the sand” re: Coach/Player behavior ... but if they are distracting you, it's time to handle them.
- Use a three step process:
 - “Coach I hear you.”
 - “Coach, that's enough.”
 - “Coach, here's your Caution for USB.”

Dealing with Fellow Officials

- You and your Partners are a Team
- Team work starts with your pre-game discussion
 - Set expectations for excellent performance
 - Talk through unique situations/issues
- Communicate throughout the match
- Adjust your (team) approach at half-time
- **Never, ever, sell out your Partner** – on or off the pitch

Refresher Test Protocols

- Tests are developed by NFHS based on the past year's Rules Book.
- Electronic testing (through Arbiter) was put in place to track performance.
- Questions are provided to each state who then have the option to modify questions in accordance with state modifications.
- The NJSOA Director of Education prepared the additional questions, and forwarded info to Arbiter for uploading.
- While at least two questions were scored incorrectly, NJSIAA elected to not rescore tests.

Refresher Test Review

2. During inspection of the field the referee notices the corner flags are orange colored and have a picture of the school mascot. (80%)

a. This is fine, there is nothing in the rules that would make these flags illegal

b. Corner flags must be red. Corner flags cannot contain any logos or school mascot

c. Corner flags must be red

d. None of the above is correct

Refresher Test Review

72. Goalkeeper B1 makes diving save and remains motionless on the ground for a few seconds while in possession of the ball. You stop the clock to determine if the goalkeeper is injured. After examining the goalkeeper, it is determined that he is not injured and can immediately continue play and no coach or trainer has been summoned. Which is true? (54%)

a. The goalkeeper must leave the field because you stopped the clock to check on him

b. The goalkeeper must leave regardless if injured or not

c. The goalkeeper may remain on the field, it is not mandatory for him to be removed if he is deemed not injured and no coach or trainer enters the field

d. Both B and C

Refresher Test Review

100. The goal keeper makes a saves but remains motionless on the ground. The referee stops the clock to assess a possible injury to the goalkeeper. However, the referee determines the goalkeeper is not injured. No attendants, coach or trainer was beckoned onto the field. The referee will: (31%)

- a. Restart the clock and allow the goalkeeper to remain on the field and punt the ball
- b. Restart the clock and allow the goalkeeper to remain on the field and restart with an indirect free kick
- c. Whenever the referee stops the clock for possible injury, the player or goalkeeper must leave the field. The goalkeeper is removed and replaced**
- d. None are true

Refresher Test Review

Team A is awarded a throw-in. Before the throw is taken, Coach A yells "Sub ref!" and instructs A5, who is on the bench, to enter the game for A13. A5 runs onto the field without being beckoned. You should: (78%)

- a. Allow the substitution
- b. Only allow Team B's subs to enter
- c. Not allow the substitution since player A5 did not report to a scorer or official and was not beckoned onto the field**
- d. None of the above is correct

Refresher Test Review

B19 is in an offside position. Her teammate, B2 kicks the ball to her and she gains possession of the ball, however the ball was deflected off defender A7 before B19 gets the ball. Should B19 be penalized for being offside? (79%)

- a. No, the ball was last touched by a defender
- b. No, any deflection by an opponent negates offside
- c. Yes, the ball was deflected, not played by the defender**
- d. Both A and B

Refresher Test Review

You observe two teammates from Team A fighting in their penalty area. Neither team has clear possession of the ball and you stop play to deal with the fighting teammates. You should: (52%)

- a. Caution both players, restart with an indirect free kick for Team B from where the ball was when play was stopped
- b. Disqualify both players for violent conduct, restart with a penalty kick for Team B
- c. Disqualify both players for violent conduct, restart with an indirect free kick for Team B where the players were fighting**
- d. Disqualify both players for violent conduct, restart play with a dropped ball.

Refresher Test Review

You stop play thinking player A12 is injured. A12 is near the center circle. However, you realize player A12 was faking an injury. You should: (45%)

- a. **Caution A12, restart with an indirect free kick for Team B where A12 was faking the injury**
- b. Caution A12, restart with an indirect free kick for Team B from where the ball was when you stopped play
- c. Caution A12, restart with drop ball for Team B from where A12 was faking the injury
- d. Caution A12, restart with drop ball for Team B from where the ball was when you stopped play

Refresher Test Review

Player B3 is moving toward her opponent's goal. The only defender between her and the goal is the goalkeeper A1. Goalkeeper A1 enters the penalty arc and deliberately handles the ball to deny the goal scoring opportunity for player B3. You should: (42%)

- a. Display the red card in one hand and a yellow in the other to the goalkeeper, disqualify the goalkeeper, Team A must play short, a player from Team A who is already on the field must become the new goalkeeper since the goalkeeper may not be substituted
- b. Caution the goalkeeper, restart play with a penalty kick for Team B.
- c. **Display the red card in one hand and a yellow card in the other to the goalkeeper, disqualify the goalkeeper, Team A must play short. Team A must either use a substitute for the goalkeeper or have a player already on the field become the new goalkeeper.**
- d. Display the red card to the goalkeeper, disqualify the goalkeeper, Team A must play short. Team A may substitute for the goalkeeper or have a player already on the field become the new goalkeeper.

Refresher Test Review

Player B12 commits a simple tripping foul against opponent A3 near the penalty spot in B12's penalty area. At the time of the trip, A3 had the ball at his feet, was running toward goal with only the goalkeeper as the last defender. You should: (42%)

- a. Stop play for the foul, award a penalty kick to Team A
- b. Stop play for the foul, award a penalty kick to Team A and caution B12
- c. Stop play for the foul, award a penalty kick to Team A and disqualify B12 for denying an obvious goal scoring opportunity display a single red card
- d. Stop play for the foul, award a penalty kick to Team A and disqualify B12 fro denying an obvious goal scoring opportunity, display a red card in one hand and a yellow in the other**

Refresher Test Review

Player B5 takes a direct free kick from just outside his penalty area. He kicks the ball back to his goalkeeper who plays the ball with his hands but does not gain full control and the ball enters the goal. You stop play and then you should: (36%)

- a. Restart play with a corner kick for Team A
- b. Apply advantage for the illegal handling by the goalkeeper, award the goal and restart play with a kickoff for Team B**
- c. Advantage cannot be applied to handling offenses by the goalkeepers in the penalty area, restart play with an indirect free kick for Team A
- d. None of these answers are correct

Refresher Test Review

You see that a player is injured. You stop play and summon the coach or trainer onto the field and have the player removed. Which of the following is true: (25%)

- a. The injured player may be substituted, the coach may not give any instructions to his team while on the field
- b. The injured player **MUST** be substituted, the coach may not give any instruction to his team while on the field
- c. The injured player may be substituted, the coach may give instruction to his team while on the field**
- d. The injured player **MUST** be substituted, the coach may give instruction to his team while on the field

Refresher Test Review

Team A is about to take a corner kick. Before the kick is taken, while standing in his penalty area, Goalkeeper B1 elbows then violently shoves opponent A2 to the ground. You should: (23%)

- a. No foul was committed. Disqualify goalkeeper B1 for misconduct and restart with the original corner kick**
- b. Disqualify goalkeeper B1 and restart with a penalty kick for Team A since the foul occurred in the penalty area
- c. Disqualify the goalkeeper and restart with an indirect free kick where the foul occurred
- d. Allow the corner kick to be taken, then at the next stoppage disqualify the goalkeeper

Refresher Test Review

After the game has started you notice a Player B14 is improperly equipped. The situation is not dangerous so you wait for the next stoppage to remove the player from the game. Which of the following is true? (16%)

- a. B14 is cautioned, removed and may be replaced (substituted) at the time of removal
- b. B14 is not cautioned, is removed, may be replaced (substituted) at the next stoppage of play regardless of the reason for stoppage because the team is playing shorthanded
- c. B14 is cautioned and may re-enter at the next stoppage regardless of the reason
- d. B14 is not cautioned, is removed, cannot be replaced and may re-enter at the next stoppage regardless of the reason provided that the improper equipment has been made to be proper**

Refresher Test Review

Player B3 is in Team A's penalty area and about to score an obvious goal. Opponent Player A12 makes no attempt to play the ball and then deliberately and violently grabs opponent B3 by the neck and throws him to the ground. You should: (15%)

- a. Immediately stop play, caution A12 for unsporting behavior and restart with a penalty kick for Team B
- b. Immediately stop play, disqualify A12 for denying an obvious goal scoring opportunity (yellow and red card) and restart with a penalty kick for Team B
- c. Immediately stop play, disqualify A12 for serious foul play (red card) and restart with a penalty kick for Team B
- d. Immediately stop play, disqualify A12 for violent conduct (red card) and restart with a penalty kick for Team B**